

DRUG ADDICTION SYMPTOMS OR BEHAVIORS

- Feeling that you have to use the drug regularly this can be daily or even several times a day.
- Failing in your attempts to stop using the drug.
- Making certain that you maintain a supply of the drug.
- Spending money on the drug, even though you can't afford it.
- Doing things to obtain the drug that you normally wouldn't do, such as stealing.
- Feeling that you need the drug to deal with your problems.
- Driving or doing other risky activities when you are under the influence of the drug.
- Focusing more and more time and energy on getting and using the drug.

MAKE AN APPOINTMENT

If you think your drug use is out of control or is causing problems, get help. The sooner you seek help, the greater your chances are for a long-term recovery. Please call **330-399-6451** to request an appointment.

SERVICE LOCATIONS

ADULT OFFICE:
(330) 399-6451

150 E. MARKET ST.
WARREN, OH 44481

CHILDREN'S OFFICE:
(330) 395-9563

318 MAHONING AVE.
WARREN, OH 44483

SOUTHEAST OFFICE:
(330) 759-8237

4970 BELMONT AVE.
YOUNGSTOWN, OH 44505

ADMINISTRATIVE OFFICE:
(330) 394-6244

150 E. MARKET ST.
WARREN, OH 44481

TDD PHONE NUMBER:
(330) 394-6244

*VCS is a contract agency of the Trumbull
County Mental Health and Recovery Board.*

*We are an Equal Opportunity Employer
and provider of services.*



Empowering Individuals & Communities.



Addiction Treatment Program

www.vcsinc.org

Empowering Individuals.

ADDICTION TREATMENT PROGRAM

Everyone needs an advocate...especially those struggling with drug or alcohol addiction. The Valley Counseling Services (VCS) Addiction Treatment Program is helping people understand their addictions and enter recovery. VCS recognizes that addiction is a chronic, biological brain disease and like many diseases, a simple and easy answer does not exist. Addiction must be treated and then managed for a lifetime. At VCS, an interdisciplinary team of skilled clinicians works with each patient to ensure that we address all aspects of addiction and co-occurring disorders.

HELPING OUR CLIENTS MAKE INFORMED DECISIONS

VCS recognizes that each individual who turns to us for help comes with a unique personal history and set of circumstances. We do not assume that everyone who contacts us for care is addicted. Our assessment process provides recommendations and referrals designed to help individuals and families make informed decisions about the next step.

CLINICALLY INTEGRATED, INDIVIDUALIZED CARE

The goal of addiction treatment at VCS is lifelong recovery for each client. Our abstinence-based, 12 Step approach incorporates integrated clinical disciplines with individualized planning and care. For many VCS clients, addiction treatment also involves clinical care for co-occurring mental health conditions such as depression or anxiety disorders. An interdisciplinary team of specialists will collaborate in developing and administering an individually tailored treatment plan.

VCS ADDICTION PROGRAM SERVICES

- Evaluation/assessment
- Alcohol and other drug educational groups
- Group counseling
- Individualized treatment planning
- Individual counseling sessions
- Case Management
- Medication Assisted Treatment (Suboxone)
- Medication Management
- Relapse Prevention
- Access to a variety of resources, including multicultural resources
- Introduction to 12 Step recovery principles and self-help groups
- Drug screens when required
- Coordination with physician, therapist, EAP, MCO, union and/or employer



PROGRAM STAFF

The VCS outpatient addiction treatment program helps adult clients gain insight and provides them with the help they need to learn new skills and ways for resolving problems while remaining employed and with their families. In positive and professional settings, our skilled professionals, psychiatrists, nurses, licensed therapists and certified substance abuse counselors work with clients to develop individualized treatment plans, learn how to cope with cravings, and identify the root causes of their substance abuse.

WHAT IS ADDICTION?

For more than 50 years, the American Medical Association has recognized addiction to alcohol and other drugs as a chronic disease. Characterized by compulsive drug seeking and abuse and by long-lasting chemical changes in the brain, addiction is the same whether the drug is alcohol, amphetamines, cocaine, heroin, marijuana, nicotine or a prescription medication. Continued use of the addictive substance causes changes in the brain that lead to tolerance, physical dependence, uncontrollable craving and, all too often, relapse.



Empowering Communities.